





Aspen Global Enterprises, Inc.

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Breakfast Potato Specifications Diced & Shreds

Diced White Potato

Nutrition Facts		
Serving Size	3/4 cup (85g)	
1/2" Dice Conventi	on Potato	
Amount per serving		
Calories	79	
	% Daily Value*	
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 6mg	0%	
Total Carbohydrate 18.07g	g 7%	
Dietary Fiber 1.3g	5%	
Total Sugars 0.62g		
Includes 0g Added S	Sugars 0%	
Protein 2.14g		
Vitamin C 19.7g	22%	
Vitamin D	0%	
Vitamin A 0mg	0%	
Calcium 13mg	1%	
Iron 0.86mg	5%	
Potassium 417mg	9%	
* The % Daily Value (DV) tells you how	much a nutrient in a serving	
of food contributes to a daily diet. 2,000 calories a day is used for		
general nutrition advice.		

Diced White Potato

IQF Available cut sizes 3/8 x 3/8 x 3/8 1/2 x 1/2 x 5/8 3/4 x 3/4 x 3/4

Pack Size Food Service 6/3lb (18lb/case) Bulk Pack 30lb case Totes

RETAIL SIZES UPON REQUEST

Non-GMO Kosher Skin-on Skin-off

Shredded White Potato

Serving Size 3/4 cup 1/8" Shredded Conventional Potato Amount per serving Calories "% Daily Total Fat 0g Saturated Fat 0g Trans Fat 0g Cholesterol 0mg Sodium 20mg Total Carbohydrate 18g Dietary Fiber 2g Total Sugars < 1g Includes 0g Added Sugars Protein 1g Vitamin C 11g Vitamin D Vitamin A 0mg Calcium 10mg Iron 0.3mg
Calories % Daily Total Fat 0g Saturated Fat 0g Trans Fat 0g Cholesterol 0mg Sodium 20mg Total Carbohydrate 18g Dietary Fiber 2g Total Sugars < 1g Includes 0g Added Sugars Protein 1g Vitamin C 11g Vitamin D Vitamin A 0mg Calcium 10mg Iron 0.3mg
% Daily Total Fat 0g Saturated Fat 0g Trans Fat 0g Cholesterol 0mg Sodium 20mg Total Carbohydrate 18g Dietary Fiber 2g Total Sugars < 1g Includes 0g Added Sugars Protein 1g Vitamin C 11g Vitamin D Vitamin A 0mg Calcium 10mg Iron 0.3mg
Total Fat 0g Saturated Fat 0g Trans Fat 0g Cholesterol 0mg Sodium 20mg Total Carbohydrate 18g Dietary Fiber 2g Total Sugars < 1g Includes 0g Added Sugars Protein 1g Vitamin C 11g Vitamin D Vitamin A 0mg Calcium 10mg Iron 0.3mg
Saturated Fat 0g Trans Fat 0g Cholesterol 0mg Sodium 20mg Total Carbohydrate 18g Dietary Fiber 2g Total Sugars < 1g Includes 0g Added Sugars Protein 1g Vitamin C 11g Vitamin D Vitamin A 0mg Calcium 10mg Iron 0.3mg
Trans Fat 0g Cholesterol 0mg Sodium 20mg Total Carbohydrate 18g Dietary Fiber 2g Total Sugars < 1g Includes 0g Added Sugars Protein 1g Vitamin C 11g Vitamin D Vitamin A 0mg Calcium 10mg Iron 0.3mg
Cholesterol Omg Sodium 20mg Total Carbohydrate 18g Dietary Fiber 2g Total Sugars < 1g Includes 0g Added Sugars Protein 1g Vitamin C 11g Vitamin D Vitamin A Omg Calcium 10mg Iron 0.3mg
Sodium 20mg Total Carbohydrate 18g Dietary Fiber 2g Total Sugars < 1g Includes 0g Added Sugars Protein 1g Vitamin C 11g Vitamin D Vitamin A 0mg Calcium 10mg Iron 0.3mg
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Vitamin C 11g Vitamin D Vitamin A 0mg Calcium 10mg Iron 0.3mg
Vitamin D Vitamin A Omg Calcium 10mg Iron 0.3mg
Vitamin D Vitamin A Omg Calcium 10mg Iron 0.3mg
Vitamin A Omg Calcium 10mg Iron 0.3mg
Calcium 10mg Iron 0.3mg
Calcium 10mg Iron 0.3mg
Potassium 280mg

general nutrition advice.

1/8" Shredded White Potato IQF

Pack Size Food Service 6/3lb (18lb/case)

RETAIL SIZES UPON REQUEST

Non-GMO Kosher

Breakfast Potato Specifications O'Briens

O'Brien Red Skin-On Potato, NEW!

Nutrition Facts	
Serving Size	3/4 cup (85g)
Red Skin-On Potato O'Brien with Onions & Peppers	
Amount per serving	
Calories	60
	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15 mg	1%
Total Carbohydrate 13	5%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Add	ed Sugars 0%
Protein 2g	
Vitamin C 19.7g	22%
Vitamin D	0%
Vitamin A 0mg	0%
Calcium 13mg	1%
Iron 0.5mg	3%
Potassium 310mg	7%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Note: These are aproximate values, final data to come.

O'Brien Red Skin-On Potato

IQF 1/2" Diced Red Potato/ Skin-On with 15% green pepper 15% red pepper 15% Onion

Pack Size Food Service 6/3lb (18lb/case)

RETAIL SIZES UPON REQUEST

Non-GMO Kosher

O'Brien Sweet Potato

Nutrition Facts		
Serving Size	3/4 cup (85g)	
Sweet Potato O'Brien	with Onions & Peppers	
Amount per serving		
Calories	76	
	% Daily Value ³	
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 263mg	10%	
Total Carbohydrate 1	8g 6%	
Dietary Fiber 2.5	5g 10%	
Total Sugars 6g		
Includes 0g Ad	ded Sugars 0%	
Protein 2g		
Vitamin C 21.8mg	21%	
Vitamin D	0%	
Vitamin A 2.6mg	0%	
Calcium 27mg	2%	
Iron 0.7mg	3%	
Potassium 230mg	6%	
of food contributes to a daily di	u how much a nutrient in a serving et. 2,000 calories a day is used for trition advice.	

O'Brien Sweet Potato

1/2" Diced Sweet Potato with 15% green pepper 15% red pepper 15% Onion

Pack Size Food Service 6/3lb (18lb/case)

RETAIL SIZES UPON REQUEST

Non-GMO Kosher

O'Brien White Potato

Nutrition Facts		
Serving Size	3/4 cup (85g)	
Potato O'Brien with O	nions & Peppers	
Amount per serving		
Calories	60	
	% Daily Value*	
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 15 mg	1%	
Total Carbohydrate 13g	5%	
Dietary Fiber 1g	4%	
Total Sugars 1g		
Includes 0g Added	Sugars 0%	
Protein 2g		
Vitamin C 19.7g	22%	
Vitamin D	0%	
Vitamin A 0mg	0%	
Calcium 13mg	1%	
Iron 0.5mg	3%	
Potassium 310mg	7%	
* The % Daily Value (DV) tells you ho	,	
of food contributes to a daily diet. 2 general nutritio		
general nutritio	ii auvice.	

O'Brien White Potato

1/2" Diced White Potato with 15% green pepper 15% red pepper 15% Onion

Pack Size Food Service 6/3lb (18lb/case)

RETAIL SIZES UPON REQUEST

Non-GMO Kosher

O'Brien Shredded White Potato, NEW!

Nutrition Facts		
Serving Size	3/4 cup (85g)	
Shredded White Potato O'l	Brien with Onions & Peppers	
Amount per serving		
Calories	60	
	% Daily Value*	
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 15 mg	1%	
Total Carbohydrate 1	3g 5%	
Dietary Fiber 1g	4%	
Total Sugars 1g		
Includes 0g Ado	ded Sugars 0%	
Protein 2g		
Vitamin C 19.7g	22%	
Vitamin D	0%	
Vitamin A 0mg	0%	
Calcium 13mg	1%	
Iron 0.5mg	3%	
Potassium 310mg	7%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
Note: These are aproximate Values, Final Data to Come		

O'Brien Shredded White Potato

IQF White Potatoes Shreds with 15% green pepper 15% red pepper 15% Onion

Pack Size Food Service 6/3lb (18lb/case)

RETAIL SIZES UPON REQUEST

Non-GMO Kosher

